



Laura Hilton Hallmon | Partner, Fort Worth

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Board Certified in Labor and Employment Law by the Texas Board of Legal Specialization, rated “AV Preeminent” by Martindale-Hubbell, and Chair of Cantey Hanger’s Labor and Employment Law Practice Group, Laura Hallmon is a 1996 graduate of Baylor University and received her Juris Doctor degree from Baylor University School of Law in 1999.

A career-long employment law litigator, Laura strives to offer her clients practical solutions to the variety of challenges that arise in the modern workplace, specifically focusing her practice on the prosecution and defense of a variety of state and federal employment law matters, including discrimination/harassment, retaliation, wage and hour disputes and restrictive covenants prohibiting competition/solicitation/trade secret disclosure. In addition to litigation, Laura also represents clients in a wide range of administrative proceedings and investigations conducted by the Equal Employment Opportunity Commission, Department of Labor, National Labor Relations Board, Occupational Safety and Health Administration, State Office of Administrative Hearings, and Texas Workforce Commission. Laura also counsels clients on litigation avoidance through effective employment practices and compliance, and regularly conducts independent, third-party investigations. Having completed the 40-Hour Mediation Training by The University of Texas at Austin School of Law’s Center for Public Policy Dispute Resolution, Laura likewise serves as a mediator in all varieties of civil disputes.

Laura was admitted to the State Bar of Texas in May of 1999 and is also admitted to practice before the U.S. Supreme Court, the U.S. Court of Appeals for the Fifth Circuit, and each of the U.S. District Courts for the four Districts of Texas. Laura is a Life Fellow of the Texas Bar Foundation and a Fellow of the Tarrant County Bar Foundation.

Laura began her practice with the Law Offices of David Fielding in March 1999, becoming a partner in January 2005. In September 2015, after nearly 11 years of serving clients together as Fielding, Parker & Hallmon, Laura, David and Frank Parker brought their Labor and Employment Law practice to Cantey Hanger.

Laura currently serves on the Board of Directors of Meritas Law Firms Worldwide.

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PRINCIPAL PRACTICE AREAS

- Labor & Employment
- Internal and Independent Investigations
- Wage & Hour
- Restrictive Covenants
- Commercial Litigation
- Executive Compensation & Benefits
- Insurance Defense
- Public & Regulatory

EDUCATION

- Baylor University School of Law, J.D., 1999
- Baylor University, B.A., 1996

EXPERIENCE

- Fielding, Parker & Hallmon, LLP (January 2005 – August 2015)
- Law Offices of David Fielding, LLP (March 1999 – December 2004)

BAR ADMISSIONS & CERTIFICATIONS

Board Certified in Labor and Employment Law, Texas Board of Legal Specialization

- Admitted to the U.S. Supreme Court
- Admitted to the U.S. Court of Appeals for the Fifth Circuit
- Admitted to the U.S. District Court for the Northern District of Texas
- Admitted to the U.S. District Court for the Eastern District of Texas
- Admitted to the U.S. District Court for the Western District of Texas
- Admitted to the U.S. District Court for the Southern District of Texas
- Admitted to the State Bar of Texas
- Texas Mediator Credentialed, The University of Texas School of Law, Center for Public Policy Dispute Resolution

PROFESSIONAL & COMMUNITY INVOLVEMENT

- Meritas Law Firms Worldwide
 - Board of Directors, May 2021 – present
 - Quality Assurance Committee, May 2022 – present
 - Finance Committee, May 2021 – April 2022
 - U.S. Leadership Committee, April 2019 – November 2022
 - Litigation/Labor & Employment Group Steering Committee, July 2019 – June 2022
 - Member Engagement Committee, May 2020 – April 2021
- Baylor Line Foundation (originally the Baylor Alumni Association)
 - Executive Committee, June 2016 – present

- Immediate Past President, January 2022 – present
- President, June 2019 – December 2021
- President-Elect, June 2017 – May 2019
- Board of Directors, June 2016 – present
- National Charity League, Inc.
 - Board of Directors, 2019-2020
 - Member/Patroness, 2018-Present
- Fellow of the Tarrant County Bar Foundation, 2018-Present
- Arlington Bar Association, 2016-Present
- Baylor Scott & White Health Research Institute, Institutional Review Board, 2014 – Present
- Girls Inc. of Tarrant County's Summer SMART Camps Facilitator, 2014
- Rated AV Preeminent, Martindale-Hubbell Peer Review Ratings, 2012 – Present
- Junior League of Arlington, 2009 – Present
- Life Fellow of the Texas Bar Foundation, 2007-Present
- Leadership Fort Worth, 2007-2008
- Associate Member of the Eldon B. Mahon American Inn of Court, 2002 – 2003
- American Bar Association, 1999-Present
- Tarrant County Bar Association
 - Labor and Employment Law Section
 - Board of Officers, 2002 – 2006
 - Section Chair, 2005 – 2006
 - Women's Section
 - Board of Officers, 2001 – 2006
 - Section Chair, 2005 – 2006
- National Adoption Day Committee, 2002 – 2004
- Member, 1999 – Present

NEWS

- Three Cantey Hanger Partners Named to Fort Worth Inc. Magazine's 400 Most Influential
- Cantey Hanger Partner Laura Hilton Hallmon Elected to Board of Directors of Meritas Law Firms Worldwide
- Three Cantey Hanger Lawyers Named Part of "The 400 – Fort Worth's Most Influential People"
- 16 Cantey Hanger Attorneys Honored by Peers as Top Attorneys
- EEOC Guidance for Employers on impact of COVID-19
- 12 Cantey Hanger Lawyers Named as Top Attorneys in Fort Worth Magazine
- Laura Hallmon Selected for Meritas U.S. Leadership Committee
- Cantey Hanger Attorneys Listed in Fort Worth Inc. Magazine
- 15 Cantey Hanger Lawyers have become Fellows of the Tarrant County Bar Foundation in 2018
- 13 Cantey Hanger Attorneys Listed at "Top Attorneys" in the 360West July, 2018 Publication
- Cantey Hanger Labor & Employment attorney Laura Hallmon achieves Texas Board certification
- Cantey Hanger Partner to lead Baylor Line Foundation
- Tawanna Cesare, Laura Hallmon, and David Speed have been elected Equity Partners at Cantey Hanger LLP
- Laura H. Hallmon has Been Appointed to the Board of Directors of The Baylor Line Foundation

- Cantey Hanger Attorneys Featured in the Fort Worth Business Press
- Fielding, Parker and Hallmon join Cantey Hanger

PUBLICATIONS & PRESENTATIONS

- [“EEOC Guidance for Employers on impact of COVID-19”](#), March 19, 2020
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